

## Editorial Note on Clinical Research

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### Editorial Note

Clinical research is a systematic method for evaluating the effectiveness of treatment and for establishing a basis for inductive generalizations about intervention. The ultimate goal is to further intellectual progress by contributing to the scientific base of practice through the development of theory.

A clinical trial is defined as an experiment on humans being carried out in order to evaluate one or more potentially beneficial therapies. The clinical investigator is assumed to have control of both the therapies being evaluated and the patient population to which these therapies are administered.

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Peer review methods are used to maintain quality standards, improve performance, and provide credibility. The main goal of this practice is to improve the relevance and accuracy of scientific discussions.

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